

Summer 2024 Edition

Grape Free Press



Harrison, Kimberly
Area 25 Grape Free Press

THE TWELVE STEPS OF ALCOHOLIC ANONYMOUS

- 1. We admitted we were powerless over alcohol—that our lives had become unmanageable.**
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.**
- 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.**
- 4. Made a searching and fearless moral inventory of ourselves.**
- 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.**
- 6. Were entirely ready to have God remove all these defects of character.**
- 7. Humbly asked Him to remove our shortcomings.**
- 8. Made a list of all persons we had harmed and became willing to make amends to them all.**
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.**
- 10. Continued to take personal inventory and when we were wrong promptly admitted it.**
- 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.**
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.**

THE TWELVE TRADITIONS OF ALCOHOLICS ANONYMOUS

- 1. Our common welfare should come first; personal recovery depends upon A.A. unity.**
- 2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.**
- 3. The only requirement for A.A. membership is a desire to stop drinking.**
- 4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.**
- 5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.**
- 6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.**
- 7. Every A.A. group ought to be fully self-supporting, declining outside contributions.**
- 8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.**
- 9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.**
- 10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.**
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.**
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.**

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The Area 25 Preamble

Service shall be Area 25's primary purpose. All Area 25 activities will be aimed at assisting Kansas A.A. groups to function more effectively. Area 25 will also try to insure that the Area's group conscience is conveyed through the general service structure to the General Service Conference, to help the Conference fulfill its primary purpose of acting as the "true voice" of A.A. Area 25 shall encourage all Kansas A.A. groups to support the Area in its efforts to carry out this goal.

CONTACTS

Delegate.....Bridget B. – delegate@ks-aa.org
Alt. Delegate.....Ken S. altdelegate@ks-aa.org
Area Chair..... Melissa B. – chairperson@ks-aa.org
Alt. Chair..... Heather G. – altchairperson@ks-aa.org
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Treasurer..... Scott O. – treasurer@ks-aa.org
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Webchair..... Brett G. – webchair@ks-aa.org

EVENTS

AREA COMMITTEE REPORTS

Area 25 Conference Chair- Lisa S.

Hello fellow Alcoholics!

I hope your summer is off to a great start. As your Area 25 Conference Chair, we are finalizing the many details that go into having a conference like this. We are all excited to see everyone in Great Bend again this year September 20-22, 2024! We have a great line up of speakers, a hopping hospitality room, marathon meetings running throughout the day, and an exciting night of BINGO with some great prizes! Al Anon and Alateen participate with us as well. Be sure to get registered and book your rooms ASAP, as there is an airshow that weekend in Great Bend. Our flyer with registration and hotels is on our area website.

What does it take to hold a conference like this? A year worth of planning. We started getting things going right after last year's conference. We hold monthly zoom meetings and meet

in person at area committee meetings and assembly over lunch. (That's where we all disappear to

while you guys are out eating 🍷🍷) We have chairs for each part of the conference. Each of those chairs have co-chairs to help them and learn what to do next year when they are the chair for their

position. We all work together to help each other out and have fun doing it.

How do you get selected to be on the conference committee one might ask??? Well, the co-chair of the conference becomes chair for the next conference. They then pick a co-chair. That

co-chair then picks their committee that will serve with them for two years moving into the chair positions. Then we start the process over again. It's exciting to get to meet with the committee every month as they are from all over our area. The fellowship we have is amazing and the friendships we build are absolutely awesome.

How can you help us this year? Contact Chelsea P. to help with volunteering, and Jason L. for any BINGO prizes you can donate, homemade or something unique and creative. Or Email me at conferencechair@ks-aa.org. I will get it to the right person. As always, if you have If you have any questions or need help with registering, reach out to me.

Thank you for letting me be of service!

Lisa S.

Area 24 Conference Chair

Area Delegate-Bridget B

I hope everyone in Area 25 is excited for the Area Assembly in July – I know that I am. I was very impressed after our April Committee meeting with the input our Area provided me to help get me ready for the General Service Conference. I feel very loved by the area and the support you provided me was greatly appreciated.

Conference week was full of many meetings and many opinions (as you would expect), but I felt the presence of a higher power while I was there and believe in the group conscience. I have posted the final decisions (the Advisory Actions and Committee Considerations) of the conference in the Delegate's Corner on the ks-aa.org website. I will present the full delegate's report on the Conference at the Assembly and look forward to hearing your questions. One of the more notable items that passed was the authorization to publish the Plain Language Big Book. The working title for the book is "Plain Language Big Book – a Tool for Reading Alcoholics Anonymous." But this might be changed before printing.

Each year the General Service Office issues a "challenge" number – essentially the amount it costs per AA member for services. The 2024 number is \$6.43 – imagine if every AA member contributed that amount to GSO and all of the arguments about the budget might stop!!! Just Kidding. The majority of the contributions that are processed at the general service office are through mail. One thing that is important to note is that it costs GSO approximately \$5.60 to process but an online contribution only costs \$2.93 to process. If all of our groups decided to make their contributions online it would be a huge cost savings for the fellowship.

Historically Literature has had many things they are working on but with the rise in different social media platforms the Public Information Committee continues to get busier. Did you know that AA has a YouTube site and a podcast? We also have an Instagram page.

All told there were 102 Committee Considerations (things the conference suggested the committees discuss), 45 Advisory Actions (items the conference approved), 9 failed recommendations, and 15 floor actions (items that were suggested to be voted on from the floor of the conference). At the end of the week I was exhausted.

Lastly, if your district is planning an event and would like to get on my calendar to do a Delegate's Report, please contact me sooner rather than later. I look forward to seeing you all in July.

Bridget Broderick
Panel 74 Delegate

Area 25 Treatment Chair-Rich-S.

Hello Area 25

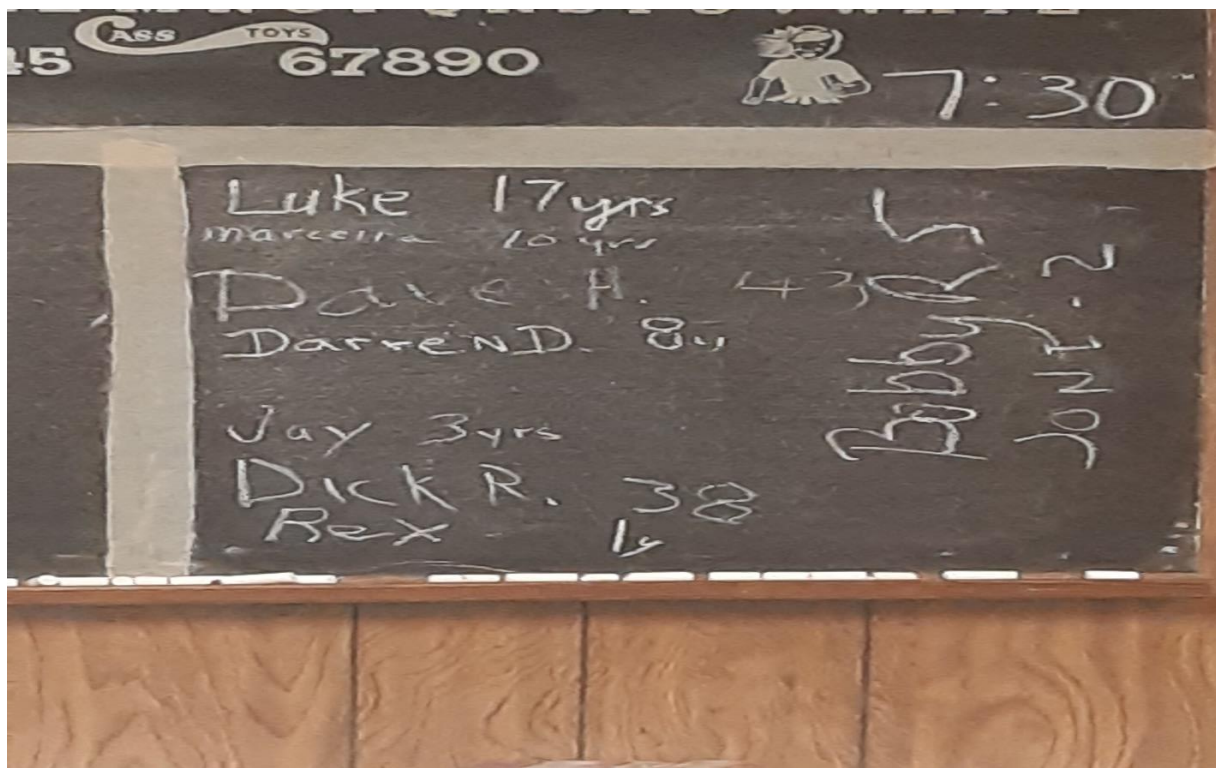
Well here we are summer is just about upon us. I am looking forward to area assembly in July. It has been pretty quiet as far as treatment goes. We had a bridging the gap meeting on zoom with Cheri J. from western Mo. giving a presentation. We had 11 people in attendance. Cheri gave a great presentation on BTG. There were a lot of

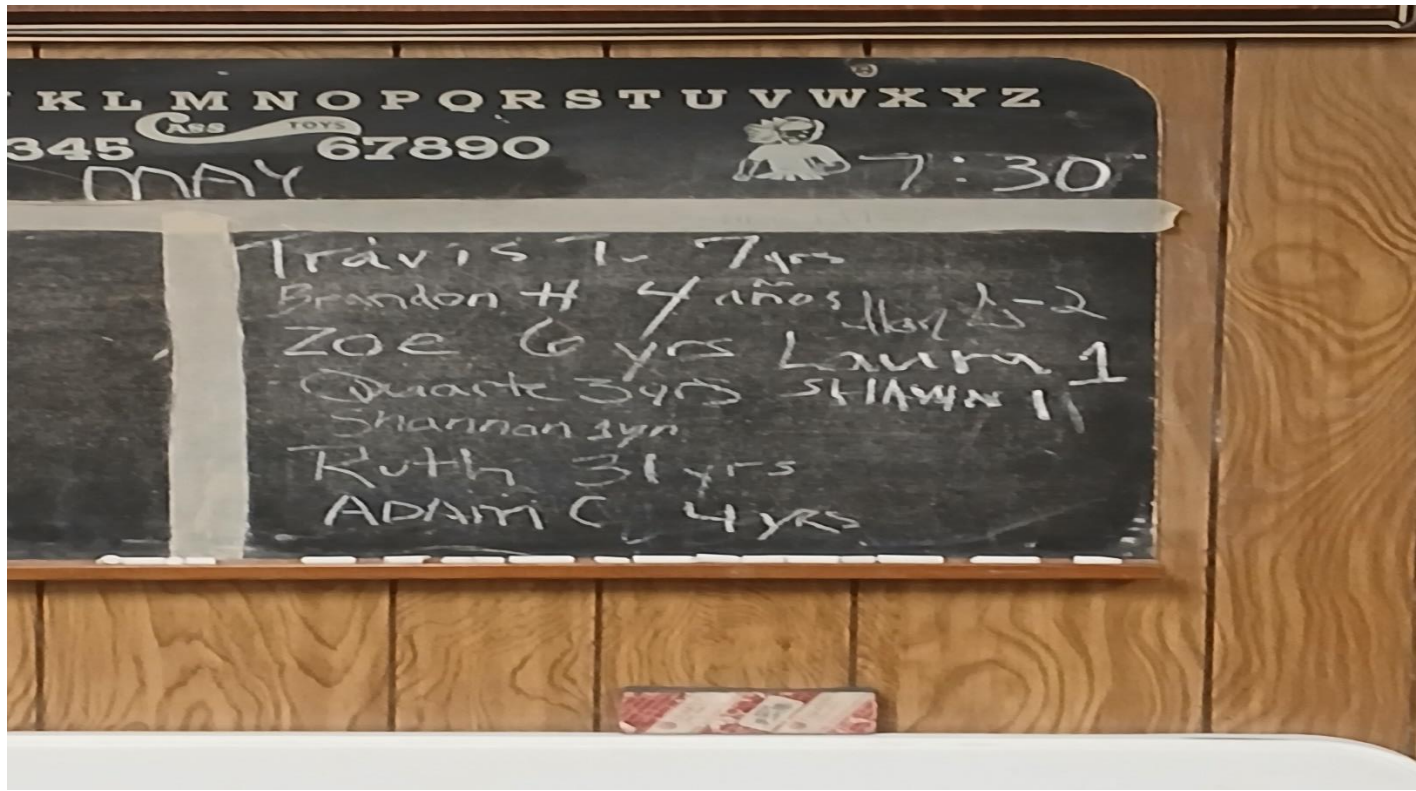
questions and some really nice comments. Cheri even maybe area 25 could host a bridging the gap workshop weekend. I really don't have much to report. Please remember I am willing to travel to your group or district to do a workshop on treatment or BTG.

Please remember
WE NEED YOU
In Love and service
Rich Schmidtberger
Treatment chair

BIRTHDAYS AND MEMORIALS

Mike M. Newton Group
36 years sobriety passed May 2024





[AGENDA FOR AREA ASSEMBLY JULY 19-21, 2024](#)

Webster Conference Center, 2601 N Ohio St, Salina, KS 67401 Friday, July

19th 7:00pm- 8:00pm Speaker meeting- Chris C. Saturday, July 20th

8:00am – 8:30am KAAAI Board meeting 9:00am – 10:30am Committee Meetings

10:45-11:30 Committee and DCM Reports

11:30am-1:00pm Lunch Break (Area State Conference will meet during this time)

1:00pm- 1:30pm Traditions 4,5,6

1:30pm-2:15pm Q&A for Financial Ad Hoc and Q&A for Facility Ad Hoc

2:15pm-2:30pm Break 2:30pm-4:30pm Grapevine Workshop

4:30pm-7:00pm Dinner Break

7:00pm-9:00pm Delegates Report

[Sunday July 21st](#) - Closed Business Meeting 8:30am- opening of business meeting

Memorials Note: Please provide written reports

Old Business

- Ad Hoc for finances with Sheri P.
- Ad Hoc for facility Rental with Will H.

Upcoming Events

July 19-21, 2024, Area Assembly, Webster Conference Center, Salina

September 20-22, 2024, Area Conference, Great Bend

October 19, 2024, Area Committee Meetings, Webster Conference Center, Salina

January 24-26, 2025, Area Assembly, Webster Conference Center, Salina

April 5, 2025, Area Committee Meetings, Webster Conference Center, Salina

July 18-20, 2025, Area Assembly, Webster Conference Center, Salina

September 19-21, 2025, Area Conference, Great Bend

October 18, 2025, Area Committee Meetings, Webster Conference Center, Salina

Please go to ks-aa.org for specific event details and flyers!!!

[WEBSTER CONFERENCE CENTER, 2601 N OHIO ST, SALINA, KS 67401](http://www.websterconferencecenter.com)



**Grapevine
Digital Subscription**

Includes access to:
The App and the Website

The image shows a laptop and a smartphone displaying the Grapevine website and app. The laptop screen displays the website's main page with a header for 'Young & Sober' and several featured articles. The smartphone displays the app's interface, showing a 'Twelve Steps and Twelve Traditions' article.

BOX 459

- A useful source for A.A. news, Box 4-5-9 is a quarterly newsletter from the U.S./Canada General Service Office. This newsletter includes:
 - information about A.A. service
 - news about literature
 - a calendar of upcoming events (also see Board Calendar [here](#))
 - sharing from groups and service committee
 - sharing from individual A.A. members in the U.S./Canada



Grape Free Press

The Grape Free Press is a newsletter published by the Kansas Area 25 Assembly for the members of Alcoholics Anonymous. It is about, by, and for members of the A.A. Fellowship. Opinions expressed herein or articles published are not to be attributed to Alcoholics Anonymous, nor imply endorsement by A.A. or the Grape Free Press. Please respect the anonymity of persons whose names are published in the newsletter.

The deadline for information is the 1st day of the publishing month. Publishing dates are the 20th day of March, June, September, and December.

