THE TWELVE STEPS OF ALCOHOLIC ANONYMOS

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Please go to ks-aa.org for specific event details and flyers!!!
THE TWELVE TRADITIONS OF ALCOHOLICS ANONYMOUS
1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants. they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Please go to ks-aa.org for specific event details and flyers!!!
Contents

Contacts

Events & Announcements

Area Committee Reports

Delegate

Alternate Delegate Area Chair

Corrections (cfc) Alternate

Area Chair Grape Free Press

Chronicler

Public Information (PI) Web

Literature

Memorials, District Bulletins, and Birthdays

Area 25 Committee Meeting Agenda

The Area 25 Preamble

Service shall be Area 25’s primary purpose. All Area 25 activities will be aimed at assisting Kansas A.A. groups to function more effectively. Area 25 will also try to ensure that the Area’s group conscience is conveyed through the general service structure to the General Service Conference, to help the Conference fulfill its primary purpose of acting as the “true voice” of A.A. Area 25 shall encourage all Kansas A.A. groups to support the Area in its efforts to carry out this goal

Please go to ks-aa.org for specific event details and flyers!!!
Delegate........................................Bridget B.  – delegate@ks-aa.org
Alt. Delegate.................................Ken S.  _altdelegate@ks-aa.org
Area Chair.................................Melissa B.  – chairperson@ks-aa.org
Alt. Chair..................................Heather G.  – altchairperson@ks-aa.org
Secretary....................................Dee Y.  – secretary@ks-aa.org
Treasurer.................................Scott O.  – treasurer@ks-aa.org
Accessibilities.........................Chelle F.  - accessibilities@ks-aa.org
Alanon Liaison............................Martin B.  – alanon@ks-aa.org
Chronicler.................................Eric D.  - chronicler@ks-aa.org
Corrections.................................Jeramie S.  – corrections@ks-aa.org
CPC..................................................Sallie T.  – cpc@ks-aa.org
Grapevine.................................David M.  – grapevine@ks-aa.org
Grape Free Press..........................Kim H.  _gfp@ks-aa.org
Literature....................................Ann S.  – literature@ks-aa.org
Public Information.......................Bob H.  – publicinformation@ks-aa.org
Registrar..................................Jessica B.  – registrar@ks-aa.org
Treatment...................................Rich S.  _treatment@ks-aa.org
Webchair....................................Brett G.  _web chair@ ks-aa.org

[Type here]

Please go to ks-aa.org for specific event details and flyers!!!
Upcoming Events

MARCH 23, 2024, AREA 25 30TH ANNUAL KANSAS CORRECTIONS CONFERENCE, South Hutchinson Community Center, 101 W. Ave C, South Hutchinson, Ks, 9am-4pm

April 6, 2024, Area Committee Meetings, Webster Conference Center, Salina

July 19-21, 2024, Area Assembly, Webster Conference Center, Salina

September 20-22, 2024, Area Conference, Great Bend

October 19, 2024, Area Committee Meetings, Webster Conference Center, Salina

January 24-26, 2025, Area Assembly, Webster Conference Center, Salina

April 5, 2025, Area Committee Meetings, Webster Conference Center, Salina

July 18-20, 2025, Area Assembly, Webster Conference Center, Salina

September 19-21, 2025, Area Conference, Great Bend

October 18, 2025, Area Committee Meetings, Webster Conference Center, Salina

Webster Conference Center, 2601 N Ohio St, Salina, KS 67401

AREA COMMITTEE REPORTS

Delegate: Bridget B

It was great to see many new GSRs and DCMs at the January Area Assembly, you are the link to the groups and the most important part of our service structure. Hope to see you at the Committee meeting in April. Currently, we’re busy getting the mock conference put together, it will be held at the April meeting during the morning session. Please bring your Area and AA Service Manuals with you. Your participation at this defines what our Delegate, Bridget, will take to the General Service Conference in New York later in the month. More information on the mock conference and its committee assignments will be available in March.

Teresa J., our Southwest Region Trustee, held an online meeting with the SWR Delegates and Alternates February 18 for discussion on the January Board Meeting and a Q & A session. The

[Type here]

Please go to ks-aa.org for specific event details and flyers!!!
Southwest Region consists of eleven areas across Texas, New Mexico, Oklahoma, Arkansas, Missouri, Colorado and Kansas.

Coming up on the calendar in early March, I’ll be attending SWRDA in Oklahoma City, and am looking forward to meeting other trusted servants from the Southwest Region. If you’re involved in service work or looking to get involved, be sure to check out the Southwest Region AA Service Assembly. It will be held in Richardson, Texas October 11-13, 2024. The theme this year is Service: Vital to Our Growth, bringing together trusted servants in the Southwest Region of Alcoholics Anonymous to learn and share about the General Service Structure at the Group, District, Area and Conference levels. For more information go to swraasa2024.org.

In love and service, Bridget B.

Alternate Delegate: Ken S.

It was great to see many new GSRs and DCMs at the January Area Assembly, you are the link to the groups and the most important part of our service structure. Hope to see you at the Committee meeting in April. Currently, we’re busy getting the mock conference put together, it will be held at the April meeting during the morning session. Please bring your Area and AA Service Manuals with you. Your participation at this defines what our Delegate, Bridget, will take to the General Service Conference in New York later in the month. More information on the mock conference and its committee assignments will be available in March.

Teresa J., our Southwest Region Trustee, held an online meeting with the SWR Delegates and Alternates February 18 for discussion on the January Board Meeting and a Q&A session. The Southwest Region consists of eleven areas across Texas, New Mexico, Oklahoma, Arkansas, Missouri, Colorado and Kansas. Coming up on the calendar in early March, I’ll be attending SWRDA in Oklahoma City, and am looking forward to meeting other trusted servants from the Southwest Region. If you’re involved in service work or looking to get involved, be sure to check out the Southwest Region AA Service Assembly. It will be held in Richardson, Texas October 11-13, 2024. The theme this year is Service: Vital to Our Growth, bringing together trusted servants in the Southwest Region of Alcoholics Anonymous to learn and share about the General Service Structure at the Group, District, Area and Conference levels. For more information go to swraasa2024.org.

In grateful love and service, Ken S.

[Type here]
Area Chair: Melissa B
Hello Area, 25! I hope life is treating you all well and looking forward to seeing as many of you as possible at the committee meetings in April. Although it is a shorter weekend- be prepared for lots of information as well as giving your input during the mock conference. Please note that on the agenda we have a few ad hoc committees being formed to address the concerns of the budget as well as looking into facility rentals for 2026-2027. Please know I am always just a phone call or email away and really appreciate any and all input.
In Love and Service, Melissa B

Area Chronicler: Eric D
My name is Eric D. from Hays KS, and I am serving as the area Chronicler. My main plans for the position are simple: keep the archives up to date and organized and try to help carry a message in the process. I have been perusing group histories from the past and have been amazed. When groups go into action by doing 12 step work and focus on helping newcomers sober up and get involved in attempting to be helpful to the still suffering alcoholic, it seems that the groups grow, and people in the group stay sober. When groups forget to do this, the group histories reflect the decline in enthusiasm. A great example of this is the now defunct downtown group in my district, which at one time had over 30, sometimes 50, people (alcoholics and spouses) showing up to meetings. Moreover, the principle of rotation seems to be very important. When one or two people take ownership of a group, and don't step back and let others take their roles in leadership in the group, the group doesn't seem to thrive and last. So, if anyone is interested in seeing group histories, please let me know, and I can get them to you. I would very much encourage groups to write group histories and help keep the area archives up to date by sharing your experience.

Area Treatment: Rich S.
Greetings Area 25
Well here we are spring is almost hear what a great time it was at area assembly in Jan.
I thought it was well attended a lot of young people showing up and a lot of enthusiasm and unity.

[Type here]

Please go to ks-aa.org for specific event details and flyers!!!
The treatment committee meeting was well attended with 23 people from 10 different districts in attendance. We talked some on treatment and quite a bit on bridging the gap and temporary contact volunteers. I would like to see bridging the gap gets more active in our area and get some temporary contact volunteers. If you would like to have a sharing session on bridging the gap please let me know I would be willing to help any way I can.

In Love and service
Rich Schmidtberger
Area 25 Treatment chair

Web Chair: Brett G
Hey Area 25!
Thank you for the opportunity to serve, From the website committee this year, we look to build on the great work done last year on the new site. We will focus on improving accessibility on the site and enhancing our backend process documentation, additionally exploring new ways to enhance connections and communications. We will also be finding and onboarding the newly approved Alternate Web chair position, to ensure continuity of the website and technology tools.
In love and service, Brett G.

Web Accessibilities: Chelle F.
Greetings Area 25 Recovery Family
At the January Area Assembly, I learned from current DCMs that out of 31 Districts, we have only 2 Districts with an Accessibilities Committee Chair. Accessibilities is not just about physical disabilities; it includes anyone who has a barrier to accessing all 3 major program components: Recovery, Unity, and Service. Some examples are veterans or those currently serving in the military, neurodivergent members, members with a learning disability like dyslexia, newcomers with young children, deaf and hard-of-hearing, old timers with changing vision needs like night blindness, vision-impaired, members who are LGBTQIA+, members with service animals...the list continues.
As your Area 25 Accessibilities Committee Chair, my goals for 2024 are:
* Raise awareness of diverse accessibility needs

Please go to ks-aa.org for specific event details and flyers!!!
* Collaborate with GSRs and DCMs to discover resources and ideas to support each District
* Encourage an AA member in each District to stand for District Accessibilities Chair

I believe that together we may help every alcoholic with a desire to stop drinking access the hope in the Big Book, find strength in the fellowship, and share their experience through service.

In love and service,
Chelle F.

**Area CPC Chair: Sallie T**

Greetings from CPC. I’ve got some exciting news from one District so far. There's a Health Fair coming up in March. Big Books will be distributed to the Libraries and Schools. A PSA is being run on the radio. We are reaching out to local business as well. I will be attending an event at Valley Hope in Atchinson at the end of March.

It’s just the beginning. Hoping to hear from other districts.

Thank you for the opportunity to be of service.

Sallie T

**Area 25 Corrections Chair: Jeramie S.**

Hello Area 25 from corrections! The corrections conference will be March 23rd from 9am-4pm in Hutchison, KS. There will be a police chief from Valley Falls in attendance that helped District 7 get back into the jails, so do not miss out on that opportunity to learn!. Also in District 5 a member has been working hard at getting the message back into corrections. Looking forward to seeing you all in April at committee meetings.

In Love and Service-Jeramie S.

**Area 25 Alanon Laison-Martin B.**

Aren’t conferences a wonderful way to celebrate and deepen recovery? Kansas Alanon/Alateen invites you to attend the 51st Annual Conference at the Four Points by Sheraton in Manhattan, KS. This takes place on June 7-9, 2024. The theme will be “Opening Doors for 2024: Bring a Friend”.

Among the speakers are members of the McCourt family from Topeka and Shanna & Scott G., formerly from Manhattan.

[Type here]

Please go to ks-aa.org for specific event details and flyers!!!
Registration can be done through the Kansas Alanon website at kansas-alanon.org. Registration is $30.00 for the weekend or $20.00 for just Saturday. Alanon is a fellowship of relatives and friends of alcoholics who share their experience strength and hope in order to solve their common problems. Alanons believe that alcoholism is a family illness and that changed attitudes can aid recovery. If you are looking for an Alanon or Alateen meeting near you, please check the website mentioned above.
In Service, Martin Burke, Area 25 Alanon Laison

Area State Conference Chair

Greetings fellow AA members!
The Area 25 State Conference Committee is super excited about the conference September 20-22, 2024 in Great Bend, KS! We have some great speakers yet again this year! There is an air show that weekend, so get your hotel rooms booked asap! We have Holiday Inn, Quality Inn, & Super 8 with blocks. We’ll have our ice cream social, an amazing hospitality room, and of course BINGO Saturday night with our enthusiastic BINGO caller and great prizes. Please see Area 25 website for registration at Ks-AA.org.
Yours in love and service,
Lisa Schulze
Area 25 State Conference Chair

Please go to ks-aa.org for specific event details and flyers!!!
**Sobriety Birthdays**
Newton Group
Armando - 41yrs
Travis W - 7yrs
Carl R - 41yrs
Joe M. - 1yrs
Bill S - 30yrs
Bryen - 1yr
Brie - 3yrs
Jim R - 9yrs
Ethan C. - 5
LeAnn - 1yr
David H. - 29yrs
Tobin W. - 2yrs

**Spring Memorials**
District 6

Benjamin C. Sobriety Date December 29, 1991 31+ years
home group = Junction City Downtown

Jerry E. Sobriety Date January 17, 1977 46+ years
Crossroads Group = Riley

Please go to ks-aa.org for specific event details and flyers!!!
BOX 459

- A useful source for A.A. news, Box 4-5-9 is a quarterly newsletter from the U.S./Canada General Service Office. This newsletter includes:
  - information about A.A. service
  - news about literature
  - a calendar of upcoming events (also see Board Calendar here)
  - sharing from groups and service committee
  - sharing from individual A.A. members in the U.S./Canada

Please go to ks-aa.org for specific event details and flyers!!!
The Grape Free Press is a newsletter published by the Kansas Area 25 Assembly for the members of Alcoholics Anonymous. It is about, by, and for members of the A.A. Fellowship. Opinions expressed herein or articles published are not to be attributed to Alcoholics Anonymous, nor imply endorsement by A.A. or the Grape Free Press. Please respect the anonymity of persons whose names are published in the newsletter. The deadline for information is the 1st day of the publishing month. Publishing dates are the 20th day of March, June, September and December.

Please go to ks-aa.org for specific event details and flyers!!!
Please go to ks-aa.org for specific event details and flyers!!!