

the twelve steps of alcoholics anonymous

- 1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. Made a searching and fearless moral inventory of ourselves.
- 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- 8. Made a list of all persons we had harmed, and became willing to make amends to them all.
- Made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. Continued to take personal inventory and when we were wrong promptly admitted it.
- Sought through prayer and meditation to improve our conscious contact with God <u>as we</u> understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

the twelve traditions of alcoholics anonymous

- 1. Our common welfare should come first; personal recovery depends upon A.A. unity.
- 2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
- 3. The only requirement for A.A. membership is a desire to stop drinking.
- 4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
- 5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
- An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
- 7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
- 8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- 9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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The Area 25 Preamble

Service shall be Area 25's primary purpose. All Area 25 activities will be aimed at assisting Kansas A.A. groups to function more effectively. Area 25 will also try to insure that the Area's group conscience is conveyed through the general service structure to the General Service Conference, to help the Conference fulfill its primary purpose of acting as the "true voice" of A.A. Area 25 shall encourage all Kansas A.A. groups to support the Area in its efforts to carry out this goal.

contacts

Delegate	Darin H. – delegate@ks-aa.org
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Alt. Chair	Heather G. – altchairperson@ks-aa.org
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Treasurer	Scott O. – treasurer@ks-aa.org
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Grape Free Press	Gena W. – gfp@ks-aa.org
Literature	Ken S. – literature@ks-aa.org
Public Information	Rich S. – publicinformation@ks-aa.org
Registrar	Ann S. – registrar@ks-aa.org
Treatment	Jerry W. – treatment@ks-aa.org
Webchair	Will H. – webchair@ks-aa.org

events

October Area 25 Committee Meetings *	October 20-21	Salina, KS
Woman to Woman 2023	July 29th	Scott City, KS
Simply AA KC 11th Anniversary	October 28th	Prairie Village, KS
District 13's 27th Annual Fall Fiesta	November 4th	Newton, KS
District 6 Autumn Extravaganza	November 4th	Wamego, KS
Carbondale AA Group 48th Anniversary	November 5th	Carbondale, KS
Front Street Group's 38th Annual Round Robin	November 11–12th	Dodge City, KS
Seneca WILDBUNCH Chili Feed	November 11th	Seneca, KS
Traditions Workshop by KC Central Office	November 18 +	Leawood, KS

please go to ks-aa.org for specific event details and flyers!

* Quality Inn & Suites 2110 W Crawford St. Salina, KS 67401 United

for online meeting schedules, the most up-to-date information and much more, please visit ks-aa.org

delegate

Greetings Area 25,

We have had a lot of activities going on with GSO and our fellowship. The conference members had a 2 hour all conference sharing session on August 16th and was quite taken by the amount of time spent on Trustees reports leaving 20 minute for general sharing. There was a lot of information shared but the actual Delegate sharing portion was limited. The format moving forward will apparently change so that a full conference participation can be had. I do have minutes and notes from that sharing session I'd be happy to provide to you.

Some of our members joined in the Plain and Simple zoom presentation on August 20th. I was unable to attend but gathered it was very informative and helped members get more comfortable with the idea. I do have the history behind the development of that project so if you would like a copy of that, please feel free to contact me and I will be more than happy to provide it to you.

I had the privilege of attending the SWRF September 29th-October 1st in El Paso, TX. We were represented by a few past Delegates and our incoming Alt Delegate. Although the forum was somewhat clouded by the happenings of the same issues that have been plaguing the GS office and AAWS this year, there were many spirited conversations about the finances and how they are being treated as well as holding those accountable for the early 2023 Board mishaps. I believe God will work us through these trying times with fresh new future rotations and a better understanding on where spirituality and money mix. We are on an never ending road of learning and sometimes that can be painful. God is always in charge no matter where we are in the triangle.

With all of the reports I've been privileged to give in Area 25, I am still amazed at your hospitality and genuine love for Alcoholics Anonymous. We have so many future trusted servants ready and willing to serve and the future of our Area looks very promising for years to come. When we stand for service and it doesn't necessarily go our way, we have to always remember that God is

in charge and he will put us where we need to be when the time is right. Never stop standing and always be willing to say yes to AA.

It has been an absolute honor and privilege to serve Area 25 and I want to thank you for allowing me to be your Panel 72 Delegate. Your support through all that has happened this year has been absolutely humbling and I want to thank you all for your kind words and genuine caring.

Our past Delegates have all been amazing and I want to always remember their valued and shared experiences. You all have been top notch examples in my time as Delegate and your constant support and willingness to share all your experiences has been invaluable. Thank you!!!

I wish Bridget B. all the best of luck as our new Panel 74 Delegate going into the 74th General Service Conference. She will be great!!!

P.S. Please email me at delegate@ks-aa.org if you would like any of the information on the sessions mentioned above.

In Love and Service, Darin H., P72/A25 Delegate

alternate delegate

Hello Area 25.

I hope that you are all ready for fall. I know that I am. Sorry I missed you all at the conference as I was recovering from Surgery. But I heard that it was an amazing conference. Great job to the conference committee.

Duties have been light for your alternate delegate since the Assembly. Mostly just review of the Service Manual in preparation for 2024. Words can not describe how humbled and honored I was to have been elected your delegate. I hope to service you in a manner that makes you proud.

As always - thank you for allowing me to serve. **Bridget B., Panel 72 Alternate Delegate**

chair

Look forward to seeing everyone at the Area Committee Meetings on October 21–22 in Salina at the Quality Inn! This will be the last meeting for this trusted servant rotation. I'm excited to hear about all of the great ways we are carrying the message across the area as well as discuss agenda items for the January assembly. Please join us Friday night if you can, starting at 7:00pm, where our incoming Area Chair, Melissa B. will be sharing her experience, strength and hope with us. It's been an honor to serve as your Area Chair, and although we are entering the last quarter of our service, please continue to reach out! In love and service, Josh R.

Josh R., Chair, Area 25

cfc

District 19 has reported they are seeing some activity with volunteers assisting with Winfield correctional facility as they have opened a new wing at the facility and requesting meetings for another evening. They have been able to cover that meeting. They have also had a contact pre-release on being discharged in Sedgwick Co did reach out and is attending meetings and came to the CFC meeting and shared with the members his experience.

Ks Area CFC received several inquries from the GSO Corrections desk. We've been able to assist in getting literature to a jail in District 7 and consequently are setting up meetings in the facility.

I am so grateful for this opportunity to be of service for AA and Ks Area 25. I've

been so inspired and challenged. My sobriety enhanced and the gratitude that Carrying the Message of Hope to our fellows has given.

--I did get to spend Friday evening and early Saturday at the conference.



I was so inspired by the inquiries, and conversation with people wanting to be of service in general. I'm encouraged that people want to be of service and continue to Carry the message of Hope.

In gratitude and service, Sallie T., Corrections Facilities Chair (cfc)

alternate chair

Hello, Area 25,

The October Committee meeting will be held at the Quality Inn, 2110 W. Crawford St. There is a room block at the Quality Inn & Suites. The phone number is 785.825.2111 to make reservations. The room rate is \$75.99/night. The cut-off date is October 13th. We also have a room block for the Committee Meetings at the Comfort Inn. You can make reservations by calling the hotel directly at 785.502.8007 and telling them you are with Area 25. The room rate is \$99 per night plus tax. The cutoff date for the Comfort Inn is October 1. The link to make reservations online is: https://www.choicehotels.com/reservations/groups/QR83E0

All meetings in 2024 will be held at the Webster Conference Center. Those dates are:

Jan. 19-21. 2024 April 5-6, 2024 July 19-21, 2024 October 18-19, 2024

The room block for January 19-21 at the Comfort Inn is \$99 per night plus tax. The cutoff date for reservations is January 5, 2024.

Thank you all for allowing me to serve! Heather G., Alt. Chair





grape free press

Looking forward seeing everyone in October! It's been a fun 3 years as your Area 25 Grape Free Press Editor! You will be in good hands with your next editor, Kim H.! We met at the Area 25 conference in September. She is excited for the opportunity to serve you guys! I will work closely with her to transition the GFP to software that works best for her.

As always, We have 3 ways to receive the GFP! 1. Subscribe through the Area 25 Kansas email list 2. Download or view the current online issue via the ks-aa. org website, and 3. For those without access to digital print copies—DCMs may request print copies delivered to them so that they can distribute to groups. If you need them, please contact me! Sign up at Area and Committee Meetings.

Love and Service, Gena W., GFP Editor

chronicler

To Area 25,

Had a small attendance of 3 districts. Still trying to get some histories from the groups that have fallen through cracks of the service connections. I was able to get the group's histories for District 31, loaded up in our files. Been working with District 7, getting their histories updated.

I am available to travel and visit districts to discuss their histories and the importance of the histories. We don't know where we are going, until we know where we have been.

Looking forward to seeing you all at the Area Conference and or the Committee meeting.

Thank you for allowing me to serve, Marty T., Chronicler

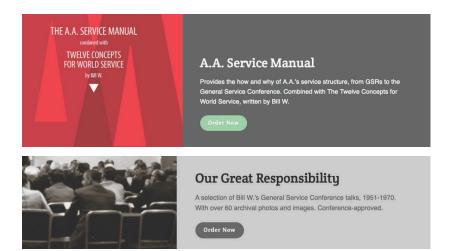
public information (pi)

Hello Area 25

Well here we are the state conference and committee meetings around the corner

I don't have much to report for this quarter their hasn't been much going on out here in westen part of the state. I think we had agreat assembly in Julywwith elections and our regional trustee being here for the elections also hearing her story on Friday night. I am looking forward to a great turn out at the state conference. Well that is all I have for now see you at the state conference and committee meetings. Please remember I would be willing to come to your district or group to share a public information sharing session. Iwould also like to thank everyone for all they do to help the still suffering alcoholic.

In love and service Rich S., Public Information (pi) Chair



onlineliterature.aa.org

web chair

We began the meeting by reviewing the minutes from the April committee meeting:

- We discussed the need to review the existing bylaws/requirement for the Web Committee Chair position.
- There was also discussion on creating a password vault collection of some sort containing all Area 25 IT account information and logon credentials to provide to the current Area 25 Chairperson should the acting web chair and alternate web chair be unavailable.
- Additionally, we discussed amending the existing web committee bylaws to
 include the appointment of an Alternate Web Committee chair that would that
 would be a 4-year commitment (2 years as alternate or web chair elect and
 then the web chair for the next 2 years). As acting web chair, you would be
 responsible for training the alternate web chair and getting them up-to-speed.

Outstanding old business was as follows:

- Redesign of Registrar Change Form on the Area 25 website and creation of a submittable PDF.
- Update the Meeting Change Form on the Area 25 website to handle multiple meeting request.
- Ensure that the Area 25 website is ADA compliant.
- · Creation of an Alternate Web Committee Chair position
- Review current Kansas Area 25 Assembly Guidelines for the web committee
- Anyone interested in being the new Web Committee Chair for 2024–2025 term

The main topic of discussion was from old business regarding the creation of a new Alternate Web Committee Chairperson position and amending the existing Kansas Area 25 guidelines as such. A draft of the Kansas Area 25 Assembly guidelines with the proposed Web Committee changes was presented to everyone in the meeting for review. A lengthy discussion followed regarding the wording of the proposed changes. There were a few additions, removals and edits made to the proposed changes in the draft. A motion was set forth to approve the proposed Web Committee changes in the Kansas Area 25 guidelines draft as finalized. The

motion was seconded with no discussion. The motion passed unanimously and that draft was presented to the assembly during the business meeting the next day. A copy of that draft will be sent out to all DCMs so they can disseminate that information to the groups in their respective districts. The proposed changes will be voted on by the entire assembly at the next assembly meeting in January 2024. If you have any questions at all regarding this please email webchair@ks-aa.org.

In Love @Service, Will H., Area 25 Web Committee Chair

literature

Hello Area 25, At the July Area Assembly committee meeting, we were fortunate to have Teresa J., our SW Regional Trustee attending. Teresa is on the Trustee's Literature Committee and informed the group about progress on the new Fifth Edition Big Book, the simple language Fourth Edition, and the Hispanic translation of the Fourth Edition. She also answered many questions from the committee. Thank you, Teresa, for sitting in on our meeting. Service manuals are backordered and aren't expected until sometime in October, so I don't know if I'll have any for the October Committee meeting; there are a few Hispanic Service Manuals available. The pamphlet A. A. for the Older Alcoholic-Never Too Late is available in a large print booklet format and features eight new stories by A. A. members. The Daily Reflections is now an Audiobook, available from your favorite e-book download site. There is a new book, Our Great Responsibility, which is a selection of Bill W.'s General Service Conference talks from 1951 to 1970 in print and e-book format and has over sixty color and black-and-white images. If you've never attended an Area Conference in September, you've missed a good time. This year was no exception; the venue, the speakers and fellowship were great, we are not a glum lot. I'd encourage you to make plans to attend next year's conference in Great Bend. It has been an honor to serve as your Literature Chair this past rotation. Thank you to all who took an interest and served on the committee. I'm truly humbled and grateful for the privilege of serving as your Panel 74 Area 25 Alternate Delegate these next two years. Looking forward to seeing everyone at the October Committee Meeting.

Kansas Area 25 Committee Meetings October 20–21, 2023 Agenda

friday, october 20th

5:30 p.m. Budget Committee

7:00 p.m. Speaker Meeting, Melissa B., Incoming Area Chair

saturday, october 21st

8:30 am KAAAAI Board Meeting 9:00 am Committee Meetings

Committee	District	Chair
Accessibilities	14, 23, 16	Chelle F.
Chronicler	31, 3, 17	Marty T.
Corrections	2, 15, 22	Sallie T.
Cooperation w/Professional Community	7, 20, 19	Cheryl H.
Grape Free Press	4, 21, 8	Gena W.
Grapevine	10, 26	Tama C
Literature	30, 13, 24	Ken S.
Public Information	12, 11	Rich S.
Treatment	27, 5, 18	Jerry W.
Web	6, 9, 24	Will H.

10:30 pm	Concepts Workshop	Mike R., Don G., and Sue C.
11:30 am	LUNCH BREAK	

2:00 pm Business Meeting

Chair report Josh R.
Secretary Cindy D.
Treasurer Scott O.
Delegate Darin H.
Alt. Chair Heather G.
State Conference Chair Dee Y.

State Conference Chair Dee Y.

KAAAAI Board Report Dee C.

3 Legacies Our Common Solution

Committee Reports

Accessibilities	Chelle F.
Al-Anon Liaison	Martin B.
Chronicler	Marty T.
Corrections	Sallie T.
Cooperation w/Professional Community	Cheryl H.
Grape Free Press	Gena W.
Grapevine	Tama C.
Literature	Ken S.
Public Information	Rich S.
Treatment	Jerry W.
Web	Will H.

DCM Reports Note: Please provide written copies of the report

Discussion Items for Agenda of January 2024 Area Assembly

- Presentation of 2024 Budget
- Web Chair Guidelines
- Even number District committee assignments for 2024
- · Additional input from attendees





upcoming dates

January 19–21, 2024, Area Assembly, Webster Conference Center, Salina
April 6, 2024, Area Committee Meetings, Webster Conference Center, Salina
July 19–21, 2024, Area Assembly, Webster Conference Center, Salina
September 20–22, 2024, Area Conference, Great Bend
October 19, 2024, Area Committee Meetings, Webster Conference Center, Salina
January 24–26, 2025, Area Assembly, Webster Conference Center, Salina
April 5, 2025, Area Committee Meetings, Webster Conference Center, Salina
July 18–20, 2025, Area Assembly, Webster Conference Center, Salina
September 19–21, 2025, Area Conference, Great Bend
October 18, 2025, Area Committee Meetings, Webster Conference Center, Salina



box 4-5-9

- A useful source for A.A. news, Box 4-5-9 is a quarterly newsletter from the U.S./Canada General Service Office. This newsletter includes:
- information about A.A. service
- news about literature
- a calendar of upcoming events (also see Board Calendar here)
- sharing from groups and service committees
- sharing from individual A.A. members in the U.S./Canada

visit: aa.org/ box-459





kansas area 25 annual conference september 15–17

Hello Area 25! The 66th Area 25 Conference in was a lot of fun!

The Great Bend Event Center was a great space for our speaker meetings, and also allowed for great opportunities for unity and fellowship. Some of the highlights were great speakers, seeing people sitting together enjoying ice cream and hearing the laughter during Bingo. We had a total of 329 people registered. The incoming Committee is geared up and getting ready for the 67th Conference, Sept 19–21st in Great Bend!

Thanks to this years Committee and all of you for making our conference such a great event!



Dee Y. **A25 Conference Chair**



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The Grape Free Press is a newsletter published by the Kansas Area 25 Assembly for the members of Alcoholics Anonymous. It is about, by, and for members of the A.A. Fellowship. Opinions expressed herein or articles published are not to be attributed to Alcoholics Anonymous, nor imply endorsement by A.A. or the Grape Free Press. Please respect the anonymity of persons whose names are published in the newsletter.

The deadline for information is the 1st day of the publishing month. Publishing dates are the 20th day of March, June, September and December.