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the twelve steps of alcoholics anonymous

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

the twelve traditions of alcoholics anonymous

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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The Area 25 Preamble

Service shall be Area 25’s primary purpose. All Area 25 activities will be aimed at assisting Kansas A.A. groups to function more effectively. Area 25 will also try to insure that the Area’s group conscience is conveyed through the general service structure to the General Service Conference, to help the Conference fulfill its primary purpose of acting as the “true voice” of A.A.

Area 25 shall encourage all Kansas A.A. groups to support the Area in its efforts to carry out this goal.

contacts

Delegate Darin H. – delegate@ks-aa.org

Alt. Delegate Bridget B. – altdelegate@ks-aa.org

Area Chair Josh R. – chairperson@ks-aa.org

Alt. Chair Heather G. – altchairperson@ks-aa.org

Secretary Cindy D. – secretary@ks-aa.org

Treasurer Carlos W. – treasurer@ks-aa.org

Accessibilities Tomas E. – accessibilities@ks-aa.org

Alanon Liason Baylee B. – alanon@ks-aa.org

Chronicler Marty T. – chronicler@ks-aa.org

Corrections Sallie T. – corrections@ks-aa.org

CPC Cheryl H. – cpc@ks-aa.org

Grapevine Tama C. – grapevine@ks-aa.org

Grape Free Press Gena W. – gfp@ks-aa.org

Literature Eric D. – literature@ks-aa.org

Public Information Rich S. – publicinformation@ks-aa.org

Registrar Ann S. – registrar@ks-aa.org

Treatment Jerry W. – treatment@ks-aa.org

Webchair Will H. – webchair@ks-aa.org

events

51st Annual Southwest Conference	January 7–9th, 2022	Garden City, KS
Area 25 Area Assembly *	January 21–23rd, 2022	Salina, KS
Lawrence Nuts & Bolts 33rd Anniversary	January 29th, 2022	Lawrence, KS
Area 25 Committee Meetings	April 8, 2022	Salina, KS
General Service Conference	April 24–30th	NY, NY

* Webster Conference Center, 2601 N Ohio St, Salina, KS 67401



announcements

for online meeting schedules,
the most up-to-date information
and much more, please visit

ks-aa.org

area committee reports

delegate

Greetings Area 25 Members,

It has been a privilege serving as your Panel 70, Area 25 Delegate. I am so incredibly grateful to have had this opportunity, and wish to express my heartfelt thank you!

These last two years have been a journey we will all remember. The fellowships commitment to recovery, unity, and service at all levels during a very difficult time was absolutely breathtaking. I will be forever grateful for the opportunity to serve with you during such a historical time.

I still get goosebumps when reflecting on the 70th and 71st General Service Conferences that were held virtually for the first time in AA history. I can't begin to express how deeply touched I am to have been able to serve this fellowship and be a part of the service structure that ensures the health, safety and future of this program.

When we could not gather in-person you provided me with a virtual setting to share my reports with you. When it was deemed safe you invited me to share in-person, and when a hybrid setting was needed you found a way to provide that to the members as well. I am humbled by your service to this fellowship and the ways you assisted me so I could share the work being done at the bottom of our service structure.

As my rotation comes to an end, I find great joy in knowing that this fellowship remains in good hands.

Thanks again for allowing me the privilege to serve.

**In Love and Service,
Sheri P., P70/A25 Delegate**

chronicler

Thank you to Area 25 for allowing me to serve the last two years as Area Chronicler. There were four districts represented at the October committee meetings. We talked about the Archives Trustee and Staff reports from the 71st General Service Conference. The archives staff initiated a Covid-19 project that encompassed the collection and archiving of materials related to AA and the pandemic. The goal of the project is to maintain a collection of firsthand accounts and other primary sources documenting the effects of the pandemic, how groups adapted, problems encountered, and shared experiences from members. We have been asking these questions of Area 25 groups.

It has been a pleasure and an honor to chair this committee.

Thank you for letting me serve, **Heather G., Chronicler**

cpc

Here we are coming to the close of 2021. But Cooperation with the Professional Community is not.

I felt we had a good meeting at the Committee meetings in October. There were 4 or 5 members in attendance and new committee members for other districts. We discussed different ways we can carry the message of Alcoholics Anonymous to the professional. We also discussed what CPC is and how it is different from PI, Public Information. I was also able to purchase a CPC workbook with a lot of information in it to help us to carry the message. I also went and talked to District 27 on Sat Dec 14 to share with them what CPC is and how they can carry the message to professionals. Thank-you for the opportunity to be of service.

In Love and Service, **Cheryl H., Cooperation with the Professional Community**

area committee reports

area chair

Hello Area 25,

Thank you so much for allowing me to be of service as your Area 25 Chair the last two years. It has been an incredible journey serving AA and especially Area 25. I am grateful to have had the opportunity to work closely with the Officers, Committee Members, and Area Members willing to be of service in Area 25. I would also like to thank all of our Past Delegates that continue to be of service to the Area and its Members. These individuals attend Area Assemblies, Committee Meetings, Regional Forums, SWARSA, SWARDA, and much more. They continue to share their experience, strength and hope with us and have been invaluable to me personally.

The SW Regional Forum was very informative and well attended even though it was virtual. A lot of discussion was had about the agenda for the next GSC as well as the transitioning of the Panel 72 Delegates rotating in. Our SW Regional Trustee, Jimmy Dean, is making great effort to make sure our new Delegates as well as our Panel 71 Delegates are well versed and prepared for the 72nd GSC. We heard from our General Service Manager, Trustee At Large and many other past and present General Service representatives which made for a large array of very prevalent information and what to expect in our GSC. From what I gathered, it never happens the way we think it will.

In October, the budget committee met and collectively came up with some areas to improve our spending as well as accounting for transparency in how we can continue to fund the Area, spending our finances in a prudent yet self supporting manner. Josh will be presenting this budget in January. As well, the idea of an Area inventory was brought forward and I do believe this is a great move for Area 25. We as a collective body need to hold each other accountable on what's best for the Area and as our literature states, "We usually find a solitary self-appraisal insufficient."

[< chair cont.](#)

I want to congratulate Bridget B (Incoming Alt Delegate), Josh R (Incoming Chair) and Heather G (Incoming Alt Chair) as well as all of those who are rotating into their new roles as Treasurer, Secretary and Conference Chair. Thank you all for your continued service and I appreciate having had the opportunity and privilege to serve with you.

Thank you again for allowing me to be of service. I am looking forward to my new assignment as your Panel 72 Delegate for the next two years.

In Love & Service, **Darin H., Chair Area 25 Kansas**

alternate area chair

Hello Area 25.

First I would like to thank you all for the honor of serving as you Alternate Area Chair for this rotation. Going into this rotation we had no idea the difficulty AA would face in 2021 and 2022. I believe that we came together to serve the area well both virtually and finally in person. I admit I was nervous finding a new location for our Committee and Assembly meetings in the middle of the Pandemic without even being able to physically see the location but I depended on put members in the Salina area who reassured me that it would be perfect for us and it worked out well.

So with that being said we will again be at Webster Conference Center for the January Assembly. This time we got the motel room block at the Comfort Inn located at 1949 N 9th St. You can make reservations by calling the motel directly at 785-502-8007 and telling them you are with Area 25. Or if you prefer there is a link which is posted below. The rate is \$75/night plus tax. Reservations can only be made until Dec. 23: <https://www.choicehotels.com/reservations/groups/HR25M6>

Thank you all for allowing me to serve. **Bridget B., Alt. Chair**

67890
 Birthdays 17.20

Chelle 1yr
 Todd 4yrs
 Carol R. 39yrs
 Patty 32
 Karen R 41.

Happy Birthday

December

Ed G. 91
 Phil 20
 Andrew L. 28/20
 Tom C. 95
 Dennis 87

December Birthdays

Celebrated: Dec 31ST @ 7pm
 Potluck @ 6pm Business Meeting following

Shayne B. 18 mo.
 Steve C. 16th 1yr
 Shawn M. 12-21-11 - 10 yrs
 Miguel M. 10-15-21 60 Days
 Frank G. 12-29-88 33 yrs
 Ryan O. 06/26/21 6 months
 Kathu 9/23 90 days
 Bubbles 12-2 1 year
 Jessica S. 12/29 6 months
 Audra L. 11-5-21 30 days
 Dave D-12/19/82 -> 39 years!!!
 Grace 12/21 90 Days
 Alex S. 9-26-21 90 Days

MIKE W.
 PASSED
 Today
 12/22/21
 Service via
 mwd@emist



birthdays & district 13
december bulletins

memorials

Mike W. 41 years
Ken McG. 23 years
Josh B.

area committee reports

grape free press

Greetings Area 25!

So great to connect with everyone at the Committee Meetings, always excited to serve and be a part of Area 25.

Our committee meeting was great—we discussed the importance of a printed version of our Grape Free Press for those without access to digital copies and hope to have each chair provide their report each issue. This Winter Edition will have the largest mailing since before the pandemic! Please have your DCMs contact me for copies needed.

And always please send GFP Spring Edition submissions, such as events, birthdays, memoriams, etc., to gfp@ks-aa.org by March 1st.

In Love and Service, **Gena W., GFP Editor**

literature

There were 5 in attendance: Districts 6,10, & 30 represented. We discussed pamphlets to include in Newcomer packets. 1) Is A. A. For You? 12 questions only you can answer. 2) Information on Alcoholics Anonymous, 3) A Brief Guide To A. A. 4) A Newcomer Asks 5) This is A. A. 6) Questions & Answers On Sponsorship. District 6 BYOB Group gives newcomers a Big Book.

- New Pamphlets: Safety and AA Flyer (F-228)
- Faith Leaders Ask About AA (P-90)
- Experience Has Taught Us: An introduction to our 12 Traditions (P-91)
- Discussed updates to the 12 & 12, & changes to the Preamble.

In love and service, **Geno R., Literature Chair**

public information

Public information – Carrying the message of recovery to the still suffering alcoholic, by informing the public about AA through activities such as speaking venues through civil organizations, meetings with churches, schools, municipalities etc. Providing AA literature to schools, churches, general public places where it's authorized to do so. Ensuring local media has accurate info to best carry the message.

Some hi-lights from our discussions ranged from carrying the message on billboards, busses, flyers in grocery stores, hotel bulletin boards etc. With the message of “If you want to drink that is your business if you want to stop it's ours” Zoom info provided (we have come along way for sure) along with central office phone # now when we place the phone numbers on flyers, buses etc..

We now offer a new QR code “collaboration between district 9 and 10” to be scanned then your redirected to central office website with newcomer info. Some of the districts pre COVID were really getting creative with set ups at a meat packing plant to get information via pamphlets to individuals needing information about alcoholism, to carrying the message through radio stations PSA in the high schools.

The hot topic was the new QR code index card pamphlet making caring the message even easier. Discussion continued with talk of going into some nursing homes and even info being provided on Instagram, Linked In with social media now carrying the message is even easier. Things are starting to open back up it was a bit challenging, however zoom made it possible for us to get our message to the suffering alcoholic what an amazing opportunity and I look forward to meeting you all again on the path to service.

Thank you for letting me serve., **Sonia F., PI Chair**

area committee reports

web chair

It has been an honor to serve as the Area 25 Kansas Webchair for 2020–2021. I've had a ringside seat to AA in a pandemic, watching as, with barely a hitch, we adapted the message we carry online. At the time G.S.O.'s AA Meeting Guide could not adapt as fast as we did. Over the next 18 months, newcomers, travelers passing through, old timers coming home for the holidays, and so many others in recovery turned to use websites in Area 25 for information. Many volunteer web servants kept their websites running and communications open across the prairie.

To everyone who reports a meeting change, a dark meeting, a new meeting – this is the most important task to keep us all up-to-date. Thanks to the GSRs, DCMs, and all the AAs who jumped to answer the call in March 2020 to move our meetings online, and to make sure the links to those meetings were available on the Area 25 website, long before the Meeting Guide had a way to report that a meeting was closed or online, or both.

Great gratitude goes to Brett B who stepped up to manage the Meeting Guide Database and coordinated with other Area 25 websites, some that provide data feeds to the Meeting Guides. District 5, 10, 8, 23, 16, the District 19 Central Office, the Kansas City Interoffice (kc-aa.org) each with its own webmaster and web servants who contribute to maintaining and updating their sites, as well as the Area 25 website. Brett introduced Area 25 to the AA tech forum (TIAA-forum.org). And most significantly he coordinated the Area's move to Zoom for our Assembly and Committee meetings, a herculean task he pulled off in a matter of weeks.

The website KS-aa.org does serve many functions beyond the Meeting Guide, including: hosting a Google cloud based Document Library and emails for Area chairs and Delegates; posting Events; maintaining the forms for the Registrar's means of keeping groups registered with the GSO; publishing the Grape Free

< [webchair cont.](#)

Press online; providing a location to register for the Annual Conference, and operating an email database for Mailchimp (“monkey mail”) announcements to the website’s email database.

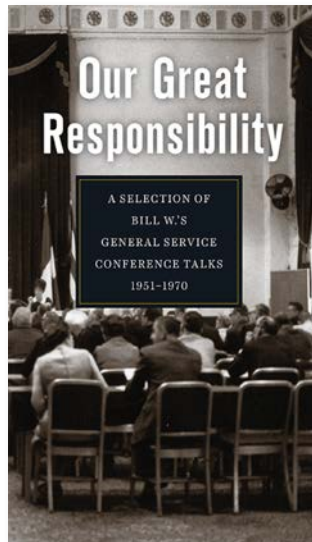
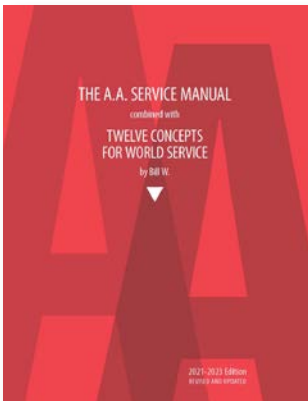
I encourage all AA’s to participate in the web committee to lend their thoughts and talents to the future of the Area 25 Kansas website.

In love and service, **Sarah D., Webchair**

Special thanks to Darin H. who trusted a newcomer with a service position he didn’t know at the time would keep me sober through a global pandemic. Thanks, Darin.



what’s new



visit: onlineliterature.aa.org

Chronicler	Marty T.
Corrections	Sallie T.
Cooperation w/Professional Community	Cheryl H.
Grape Free Press	Gena W.
Grapevine	Tama C
Literature	Eric D.
Public Information	Rich S.
Treatment	Jerry W.
Web	Will H.

DCM Reports:

Note: Please provide written copies of the report

4:30 – 7:00 pm

DINNER BREAK

7:00 – 9:00 pm

Area Inventory Service Discussions, Continued Don M.

sunday, january 23rd

8:30 – 12:00 pm

Closed Business Meeting	
Opening of Assembly	Josh R.
Roll Call-Voting Count	Heather G.
Secretary Report	Cindy D.
Treasurers Report	Carlos W.
KAAAAI Board Report	Galen E.
Delegate Report	Darin H.
Alt. Delegate Report	Bridget B.
Alt. Area Chair Report	Heather G.
2022 State Conference Report	Galen E.
Website Committee Report	Don G.

sunday cont. >

Kansas Area 25 Assembly January 2022 Agenda

Old Business:

1. Central Office Liaison

New Business:

1. Approve Area Committee Chairs
2. Approve 2022 Budget
3. Redistricting-Add El Dorado to District 19
4. State Conference 2023 and beyond.



upcoming events

January 21st–23rd, 2022: Area Assembly, Salina.

April 8th, 2022: Area Committee Meetings, Salina.

April 24th–30th, 2022: General Service Conference, New York.

July 15th–16th, 2022: Area Assembly, Salina.

September 16th–18th, 2022: Kansas Area 25 State Conference, Wichita.

October 7th–9th, 2022: Southwest Regional AA Service Assembly.

October 21st, 2022: Area Committee Meetings, Salina.

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Kansas Area 25 Inventory Questions, January 2022 at Kansas Area Assembly

1. What is the basic purpose of the Kansas Area Assembly?
2. Is Area 25 attracting trusted servants from across the state and various group sizes?
3. Is Area 25 attracting enough group participation? If not, what we do to increase it?
4. Does the format of Area 25 Assemblies and Committee meetings give all attendees the opportunity to participate, speak and ask questions?
5. Does the current schedule of a January and July Area Assembly and April and October Committee meeting lend well to carrying the message back to our groups?
6. Does the Area practice good financial stewardship of group contributions? In what ways could we improve in this area?
7. Is Area 25's prudent reserve appropriate? (The Area's prudent reserve formula is currently \$20,000 minimum in the checking account plus three months operating expenses (\$12,000).
8. How are we performing regarding the distribution of Area information - activities and financial? Are there ways we could improve on this?
9. Are we adequately finding and preparing future Area 25 trusted servants? How could we improve in this regard?
10. Since we have moved from having a paid employee, how are we doing in our Area Committees and at providing services? Are there ways we can improve?
11. Are we exercising enough care in choosing our Area Officers? How could we be doing this better?
12. In general, how is Area 25 practicing our Three Legacies of Recovery, Unity and Service? In what ways could we improve?



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The Grape Free Press is a newsletter published by the Kansas Area 25 Assembly for the members of Alcoholics Anonymous. It is about, by, and for members of the A.A. Fellowship. Opinions expressed herein or articles published are not to be attributed to Alcoholics Anonymous, nor imply endorsement by A.A. or the Grape Free Press. Please respect the anonymity of persons whose names are published in the newsletter.

The deadline for information is the 1st day of the publishing month. Publishing dates are the 20th day of March, June, September and December.