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the twelve steps of alcoholics anonymous

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

the twelve traditions of alcoholics anonymous

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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Come join us in Wichita!
 register online and get more
 info at ks-aa.org/conference/

64th Annual

KANSAS AREA 25 CONFERENCE

“AA IN A TIME OF CHANGE”

24-26

SEPTEMBER 2021

at the

HYATT REGENCY
 400 W Waterman St • Wichita, KS 67202
 (316) 293-1234
* GROUP CODE FOR RESERVATION: A25

QUESTIONS or TO VOLUNTEER :

Conference Chair:
 Michele R. (913) 530-6740

Co-Chair:
 Galen E. (316) 655-5291

Registration Chair:
 Debbie C. (620) 640-4578

Volunteer Chair:
 Stephanie S. (316) 207-7010

Please See Area 25 website for
 COVID-19 updates @ ks-aa.org

contacts

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Webchair Sarah D. – webchair@ks-aa.org

events

64th Annual Area 25 Conference	September 24–26th, 2021	Hyatt Regency, Wichita, KS
Cross Roads Group Quarterly Potluck	September 27th, 2021	Riley , KS
Simply AA KC 9th Anniversary	October 6, 2021	Prairie Village, KS
G.S.O Southwest Regional Forum	October 8–10, 2021	Virtual
Woman to Woman	October 22–24, 2021	Scott City, KS
Front Street Group 35th Annual Round Robin	November 13–14 2021	Dodge City, KS
51st Annual Southwest Conference	January 7–9th, 2022	Garden City, KS
Lawrence Nuts & Bolts 33rd Anniversary	January 29th, 2022	Lawrence, KS



announcements

for online meeting schedules,
the most up-to-date information
and much more, please visit

ks-aa.org

area committee reports

delegate

Greetings Area 25 Members,

I hope you are doing well. I had the privilege of sharing the 71st General Service Conference Delegate Report at our Area 25 Assembly in July, District 23 in Baldwin City, District 16 and 17 in Dodge City, as well as Districts 9 and 10 in Kansas City. I am looking forward to sharing it with District 19 in Wichita on October 2nd at their Round Robin.

The Area Conference is September 24th–26th, 2021 where I will provide you updates from the General Service Office. I look forward to seeing you there.

Coming up is the Southwest Regional Forum October 8th-10th, 2021. This Forum will be held virtually. I hope you take the opportunity to attend. Forums are a weekend of sharing and informational sessions designed to help the General Service Board, AA World Services Inc., the Grapevine Corporate Board, Grapevine Staff, and General Service Office Staff stay in touch with AA members, trusted servants and newcomers to service throughout the AA service structure. This is a great opportunity to meet people from GSO as well as members throughout the Southwest Region. I will send you the flyer as soon as it is available. There is no cost for this event, but they do ask that you sign up in advance.

The 71st GSC Final Report is posted on the ks-aa.org website under documents / GSO Delegate. The hard copies will be delayed due to Covid related protocols, but I will get those out to members once they are made available.

Thank you for allowing me this opportunity to serve.

**In Love and Service,
Sheri P., P70/A25 Delegate**

alternate delegate

Greetings fellow trusted servants

It was good to see everyone in person in July at Assembly. As we move forward in times of uncertainty I'm hopeful that the fellowship can continue to find ways to carry the message to the still suffering alcoholic while taking prudent measures necessary in a constantly changing world.

In July there was a request from a group to explore the option of changing districts. Per the Area 25 Service Guidelines, as the Alternate Delegate I convened a meeting of the redistricting committee and met with the interested parties at Area Assembly and set forth the next steps in the process. If there is any progress on this issue by the time of the Committee meetings I will update the Area.

The Southwest Regional Forum, hosted by the General Service Office, will be an online event this year on October 8-10. I am looking forward to seeing fellow trusted servants from around the Southwest Region and share experience and ideas with common issues in service, as well as the opportunity to connect with the GSO staff and trustees. If you haven't attended a Regional Forum in the past because it required traveling, this will be a great opportunity to attend something you might not otherwise be able to. I always come away from these events energized and encouraged.

I am beyond privileged to have had the opportunity to serve the fellowship that saved my life as Alternate Delegate for this rotation. I truly thank each and every one of you for all your service to AA.

Jon R., Alternate Delegate.

area committee reports

area chair

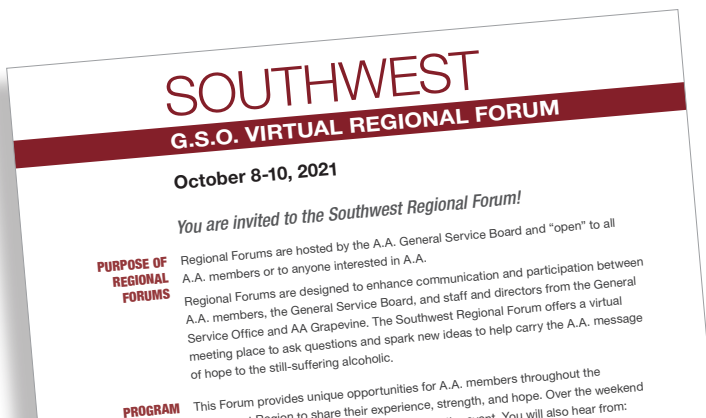
Greeting Area 25,

As this term ends, I want to thank everybody for the concerted efforts through everything we have all had to endure. We have gotten to work through a very troubling time and all the committees and volunteers who stepped up to help, I can't thank you enough. It shows us all that AA will not be denied and we are all steadfast in our mantra of Love & Service in carrying the message to the next suffering Alcoholic.

One thing apparent to me as your outgoing Chair, is our understanding Area wide of how the group conscience works and doesn't work. We must show up to hear the message no different than in our perspective homegroups. I do hope that we go out from this last year and take back to our districts and groups the idea of the group conscience and how we can better affect AA by simply showing up and participating in the process of the service structure to make sure all our voices are heard at AAWS. Everybody's input is necessary, and the communication will break down if even one member of a group does not share their experience, strength, and hope. This is our responsibility.

I look forward to the next two years serving as your Delegate but also want to thank you all for the last two years serving as your Area 25 Chair. It has been an honor and a privilege to serve you and I will always serve Area 25 in whatever capacity you ask me to.

In Love & Service, **Darin H., Chair Area 25 Kansas**



registration
open at
aa.org

alternate area chair

Hello Area 25,

We finally made it to an in person Area Assembly! It was awesome to see everyone. Let's pray this continues and we continue to fellowship together.

A few upcoming dates: for the October Committee meeting on the 16th we will be at the Quality Inn. It is the only time we will have to meet there (Webster Conference Center was booked). There is a room block for the motel of \$72.50 plus tax per night.

For 2022 all meetings will be at Webster Conference Center and the dates are:

January Assembly Jan 22–23

April Committee Meeting Apr 9

July Assembly July 16–17

October Committee Meeting Oct 22

Thank you all for allowing me to serve. **Bridget B., Alt. Chair**

chronicler

It felt so good to meet in person at the July Assembly! There was such energy in the room. There were eight people at the meeting, representing four districts; 4, 5, 8, and 10. Following introductions, we talked about the changes happening in their districts. Several had sent group histories to the chronicler since the meeting in April. Some groups and districts don't have chroniclers but do have members with long sobriety who have kept their records. Group anniversaries are great opportunities to update the group history. One member asked how do groups move from paper documents to digital files? The discussion ranged from guidelines on how to move to digital files to making sure it accessible to others. We will discuss this subject in October.

Thank you for letting me serve, **Heather G, Chronicler**

area committee reports

grape free press

Greetings Area 25!

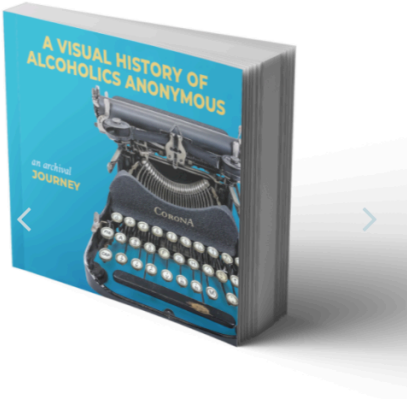
Really enjoyed seeing everyone again at Area Assembly this past July! I am looking forward to seeing you all soon at the 64th Kansas Area 25 Conference in Wichita!

Please send GFP Fall Edition submissions, such as events, birthdays, memoriams, etc., to gfp@ks-aa.org by December 1st.

In Love and Service,

Gena W. GFP Editor.

what's new



A Visual History of Alcoholics Anonymous: An Archival Journey

SKU: B-85 In Stock

\$12.00

Quantity discounts available 

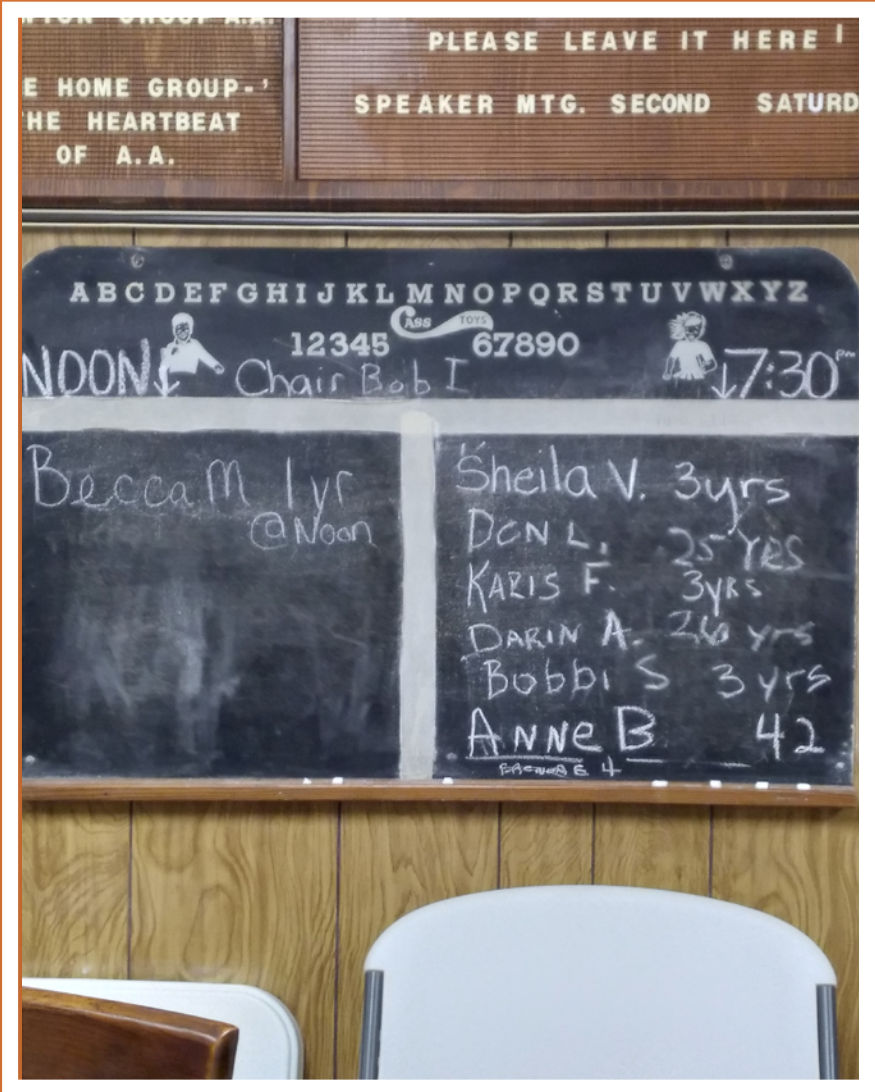
Originally developed as the souvenir book for the 2020 International Convention, this highly illustrated tour through A.A.'s history is told in hundreds of iconic images never before published in one volume. Illuminating descriptions walk us through powerful moments in A.A.'s history — from the people, places and things integral to A.A.'s early growth, and forward to today's vibrant, international Fellowship. Includes a special focus on Detroit in A.A.'s history and updated coverage of recent innovations in A.A. group life.

4.75" x 3.75"
416 pages

onlineliterature.aa.org/A-Visual-History-of-AA

▶ birthdays

NEWTON GROUP AA



Birthdays celebrated in July of 2021.

~ Frank GSR of the Newton Group



www.ks-aa.org



The Grape Free Press is a newsletter published by the Kansas Area 25 Assembly for the members of Alcoholics Anonymous. It is about, by, and for members of the A.A. Fellowship. Opinions expressed herein or articles published are not to be attributed to Alcoholics Anonymous, nor imply endorsement by A.A. or the Grape Free Press. Please respect the anonymity of persons whose names are published in the newsletter.

The deadline for information is the 1st day of the publishing month. Publishing dates are the 20th day of March, June, September and December.