

GRAPE FREE PRESS

Area 25 Kansas
Winter 2019
Issue 4 / Vol 59

COMMITTEE MEETINGS

January 17th - 19th

Hilton Garden Inn
3320 S 9th St.
Salina, KS
(785) 309-0440

WHAT'S INSIDE

- Chair Reports
- Committee Meeting Agenda
- Birthdays, memorials, announcements and events

ORDER GFP

Visit ks-aa.org to order copies for your districts or groups

WANT TO SUBMIT CONTENT?

The GFP needs members' stories, birthdays, memorials, meeting hall pictures, comics, jokes, art and events. Submit to gfp@ks-aa.org by March 1st to be included in the 2020 Spring issue.



THE TWELVE STEPS

- 1. We admitted we were powerless over alcohol—that our lives had become unmanageable.**
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.**
- 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.**
- 4. Made a searching and fearless moral inventory of ourselves.**
- 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.**
- 6. Were entirely ready to have God remove all these defects of character.**
- 7. Humbly asked Him to remove our shortcomings.**
- 8. Made a list of all persons we had harmed, and became willing to make amends to them all.**
- 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.**
- 10. Continued to take personal inventory and when we were wrong promptly admitted it.**
- 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.**
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.**

THE TWELVE TRADITIONS

- 1. Our common welfare should come first; personal recovery depends upon A.A. unity.**
- 2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.**
- 3. The only requirement for A.A. membership is a desire to stop drinking.**
- 4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.**
- 5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.**
- 6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.**
- 7. Every A.A. group ought to be fully self-supporting, declining outside contributions.**
- 8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.**
- 9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.**
- 10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.**
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.**
- 12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.**

CONTACTS

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2019/2020 WINTER EVENTS

EVENT	WHEN	WHERE	DETAILS
The Week That Was – New Year’s Party!	December 31 6pm-12am	612 Poyntz Ave Manhattan, KS 66502	Speaker: Robert H. Doors: 6:00pm. Dinner: 6:30pm – Fried Chicken! and sandwiches. Please bring a side dish.
Southwest Kansas 50 th Annual Conference	January 10-12 6pm-12pm	4100 W Comanche St Dodge City, KS 67801	\$20



**International Convention
Alcoholics Anonymous**
July 2–5, 2020 | Detroit, Michigan

Love and Tolerance Is Our Code • Amour et tolérance, voilà notre code • El amor y la tolerancia son nuestro Código

September 05, 2019

Dear Friends,

We're happy to announce that Alcoholics Anonymous World Services, Inc., is releasing Meeting Guide 3.0.

Meeting Guide is a mobile app focused on helping people find A.A. meetings and resources near them. The app has been updated to include some new features we're pleased to announce:

- Search -- Users will now be able to search for meetings by name or location
- *Daily Reflections* -- a selection of reflections by and for A.A. members

There are also enhancements we've made to existing features:

- More accurate locations for access to local contact information
- Improved user interface -- with a new menu bar and Contact feature.

Meeting Guide is available for iOS and Android smartphones. You can download it for free on the App Store or on Google Play.

Yours in Fellowship,



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General Service Office of Alcoholics Anonymous
P.O. Box 459 | Grand Central Station | New York, New York 10163 USA | (212) 870-3400 | www.aa.org



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05 de Septiembre de 2019

Estimados amigos:

Tenemos el agrado de informarles que Alcoholics Anonymous World Services, Inc., está lanzando Meeting Guide 3.0.

Meeting Guide es una aplicación móvil diseñada para ayudar a los interesados a encontrar reuniones y recursos de A.A. en sus cercanías. La app ha sido actualizada para incluir las siguientes funciones nuevas:

1. Búsqueda – Los usuarios podrán buscar reuniones por nombre o ubicación
2. *Reflexiones diarias*—una selección de reflexiones por y para los miembros de A.A.

Además hemos hecho las siguientes mejoras a las funciones existentes:

- Ubicaciones más exactas para acceso a información de contacto local
- Mejora de la Interfaz de usuario -- con nueva barra de menú y funcione de "Contacto"

Meeting Guide está disponible para los teléfonos inteligentes iOS y Android. La pueden descargar sin costo en la App Store o en Google Play.

Atentamente,



App Store e iOS son marcas registradas de Apple Inc.
Google Play y el logotipo de Google Play son marcas comerciales de Google LLC.

DELEGATE

Greetings!

It's been my absolute pleasure and such an immense privilege to serve as your Panel 68 Area 25 Delegate. I can't find the words to adequately express my gratitude, but Thank You, Thank You, Thank You.

This has been very much like a roller coaster ride. First, there was a long period between the July election and the actual beginning of the rotation in January - similar to that long wait in line and the slow climb to the start of the roller coaster ride. But once it started, it was faster and more surprising and more breathtaking than I could ever have imagine.

It's quickly coming to an end now - we've gone through the last loop-de-loop and are coasting into the station. So I've been reflecting on it all. It brings to mind the memory of my very first District meeting way back in 1983. I went to that and it made me aware that there was a LOT more to A.A. than just my little home group. Now, once again, my awareness of a much larger A.A. family has been awakened - only not just in terms of numbers and geography. It's an intangible breadth - I guess it's one of unity, of sacrifice, of commonality, of spirit, and of love.

I'll never forget the 2 General Service Conferences I got to attend. Despite the way all the delegates before me described them, it was still unlike anything I'd ever experienced. (Well, with the possible exception of my 1st International Convention in Montreal in 1985!)

But in my reflection, what warms my heart the most is not the comradeship with my fellow delegates, the dinners with trustees and GSO staff, the discussions and debates and committee work and voting and all that comes with a General Service Conference. What warms it the most is the times I was able to help people connect because of something that came to me through that service work. Things like connecting an isolated transgender member with a trans-friendly group. Things like helping a lone Spanish-speaking woman connect with the only Spanish-speaking women's group within 100 miles of her. Things like attending the first district event that District 7 had in 15-20 years, or the first one District 24 had in 6-7 years - just to be there for support and encouragement. And going to umpteen pre-conference listening sessions and hearing not only what y'all thought about the issues, but also learning that you were excited to feel you were being included in the process. And so much more.

So Thank You, Thank You, Thank You. Thank you for asking me to serve. Thank you for supporting me. Thank you for sending me. Thank you for confronting me, for questioning me, for teaching me, for helping me, for responding to me, and for loving me. Once again, A.A. has given me a gift I can probably never repay. Thank you.

In Unity & Service,
Dave R, Panel 68, Area 25 Kansas

ALT. DELEGATE

Greeting Area 25 Members,

Area Audit Committee met before Area Committee Meeting on 10/19/2020 and found:

- Area Financials were in order and in good financial standing
- Reports requested were available either in hard copy or electronic files
- Committee requested copies of the Quarterly reports be printed and included with all other reports to be stored.

Other committee comments included a reminder that all checks must have 2 signatures, make sure Chronicle has scanned copies of Quarterly reports, and include tax filing document that are stored with financials.

The Area Yellow Can Fund Audit was conducted during a working lunch on Saturday and the committee found all Yellow Can Financials in order, and in good financial standing.

I had the privilege of attending the Southwest Regional Forum October 11th – 13th in Houston Texas.

Friday night was opened by our Southwest Regional Trustee, Jimmy D., followed by Nancy McCarty, one of our Class A trustee (non-alcoholic). Nancy shared a little about herself and why serving AA is important to her. We heard from Beau B., an AAWS Board member as well as Ino F., from the AA Grapevine Board. The evening session closed with Greg T., GSO General Manager with “Our Great Responsibility”.

Saturday morning 5 of the Southwest Regional Delegates did presentations on the following topics:

- Tomorrow’s World: “Courage to be Vigilant”
- AA Groups: “ The Heartbeat of AA’s Structure”
- The Only Requirement
- Clarity of Purpose: “Addressing the Needs of our Meetings”
- What Does “Carrying the Message” mean today?

There was a Full Forum Workshop on Concept 9 presented by Troy D., P69/A67 Delegate. During Lunch the Southwest Regional Alt. Delegate met for a working lunch. We covered:

- Update on SWRAASA 2020. Their web page is available and you can register at www.swraasa2020.com. They initially had concerns on how they were going to raise
- the funds to support Hosting SWRAASA. They are pleased to announce that they are 3/4 of the way to having the money they feel they will need to support this event.
- We approved ~ the recommendation to the Alt. Delegates Guidelines to add a “Minutes Log” in which the Southwest Alt. Delegate Secretary will maintain.
- It was noted: that the increase from \$10.00 to \$15.00 for registration to SWRAASA will go before SWRAASA 2020 Committee for final approval.
- Further discussion on future Guideline changes to SWRAASA which includes recommendations regarding financial support to Host Areas that are putting on this event. Jon R. will bring those forward to you as the Alt. Delegates work through these recommendations.

ALT. DELEGATE

Other presentations on Saturday included:

- AA Grapevine and La Vina
- Report from Trustee-at-large from Canada
- GSO, and GSO Staff Assignments
- GS Board on “Finances”

Saturday evening there were numerous workshops. I attended:

- **Anonymity:** We discussed “Social Media”, and our ongoing concern of our tradition of “Anonymity” and how it affects the future of AA.
- **Creating Interest in General Service:** We broke out into 5 groups to discuss positive ways to encourage our members in service work, and what we should not do.

Sunday closed with sharing from our Past Southwest Regional Trustees.

Remember that I am available to you if you ever have questions or concerns. Please feel free to contact me.

The next Southwest Regional AA Service Assembly (SWRAASA) is October 9th – 11th 2020. It will be held in Amarillo, Texas. Registration is \$15.00. Flyers are located on the back table or you can go to www.swraasa2020.com to register.

It has been a privilege serving you as your Kansas Area 25 Alt. Delegate and I am looking forward to serving as your P70/A25 Delegate. Please let me know if I can be of assistance to you. Have a safe and joyful Holiday Season.

Love in Service,

Sheri P., Alt. Delegate, Panel 68 / A25

ALT. CHAIR

Here we go for 2020!!! Thank you to Area 25 for allowing me to serve the last two years as your Alternate Chair. As we look to 2020, I am privileged to serve as your incoming Chair and look forward to working with the committee and the voting body to do what's best for Area 25. Let's have some fun and serve AA in Kansas!!!

Best Regards,

Darin H.

Area 25 Alternate Chair

ACCESSIBILITIES



- In attendance: Districts 10 and 3 as well as the GSR from Beloit, KS group Open Door.
- The ASL meetings in Olathe, KS have continued to be held three times a week; one of those is run by the deaf on their own, another one is held with an ASL interpreter who stays for a regular meeting to translate for the deaf who attend that meeting.
- District 3 reported that a member created an “AA meeting on wheels” at his home as he had to use a wheelchair and when he went to a nursing home, that same meeting went to visit him on Saturday mornings. After he passed away, this meeting continues to go to that nursing home when an AA member is there, but for that, AA members have to follow up with the nursing home.
- The Beloit group reported that even though they don’t have a meeting in Spanish, when they have Spanish speaking members, the church preacher translates for them.
- Reviewed the learning we got from the past two years:
- there is a difference between the deaf members who are born this way and learn ASL, and the hard of hearing who may be older members that because of their age, they lost some of their hearing but don’t understand ASL.
- For these last members, among some of the solutions groups found was the purchase of a speaker connected by Bluetooth to a microphone that is used by the member who is sharing.
- District 10 put together a phone meeting directory that covers meetings every day of the week. These meetings are held in different parts of the country.
- It has been a pleasure and an honor to chair this committee.

Carlos W.





CHRONICLER

Greetings area 25!

As we wind down this rotation I would like to thank the Area for allowing me to serve as your Chronicler. I have enjoyed meeting with everyone and talking about the importance of our history. I know that Heather G. Will do a great job during the next rotation. During the committee meeting the districts updated us on what was doing on in their district. District 10 filled their vacant Chronicler position. I also got the opportunity to visit the District 10 district meeting and discuss the duties of the chronicler and answer questions. To get ready for the next rotation I have updated the comprehensive Chronicler and inventory and will be cleaning up the information store on the Google Drive . I got the privilege of attending the SW Regional Forum in Houston along with other Area 25 representatives to learn more how to serve AA.It has been an honor and a privilege Bridget B

Bridget B.



Let go and let God!

CORRECTIONS

Greetings and Happy Holidays from the Area 25 Corrections desk!

First and foremost, it has been an honor and a privilege serving as Area 25 Corrections Chair. It has been a pleasure working with all of you to provide literature and carry the message behind the walls of Kansas Correctional facilities.

The Area 25 Corrections Conference is rapidly approaching. It will be hosted by District 8 in Topeka this March and the exact date, times and location should be finalized very soon. Thank you to all of the members of Area 25 who have helped to make my time as Corrections chair so enjoyable. I am happy to report that Michelle D. who has served these past 2 years as Corrections Committee Treasurer will be taking over as Corrections chair for 2020-2021.

The Yellow Can Fund mailing address will remain unchanged. Please continue to send contributions to: Area 25 Yellow Can Fund. PO BOX 23117. Overland Park Kansas 66283.

I look forward to seeing you all at Area Assembly, the International Convention in Detroit, and at the Area 25 Conference this Fall. Thanks again for your continued support of the Yellow Can Fund and the Area 25 Corrections Committee. Happy Holidays!

Christian E.,
Corrections Chair
corrections@ks-aa.org
(913) 710-8169



CPC

Nothing new to report.

In Loving Service,
Jody H.



GRAPE FREE PRESS

- Amanda G. from Dist 10 is the incoming GFP Chair & she's a graphic designer so she will do a great job.
- In the Spring, we mailed out orders to districts & groups, but it was too expensive, so we won't do it again.
- Maybe next year we can figure out a set number per district that can request an amount. Over that will be charged \$1.00 per copy.
- I've offered to keep printing them at my office for cost to keep the price down.

Molly G., GFP Chair

GRAPEVINE

Nothing new to report.

LITERATURE

Greetings Area 25!

As I near the end of my term as your literature chair and reflect back on all that I have learned and all we have done together the past two years, I cannot help but feel proud of all of our great accomplishments. As Geno takes over my position, I wish him the best. This disease has given me the opportunity to work with a great group of people as we all endeavor to help the still suffering alcoholic. I wish you all a very Merry Christmas and Happy New Year. Terry L., Ks Area 25 Literature Chair

Terry L.
Ks Area 25 Literature Chair



PUBLIC INFORMATION

There were 3 of us this morning in attendance. District 4 & 13. Discussed the different avenues of public information from ads on buses in Wichita to flyers on bulletin boards in gas stations & grocery stores in small towns. Short meeting, great discussion & good times.

JR R. PI Chair

REGISTRAR



When updating GSR info, please use the GSR form found on the documents tab of the KS Area website, ks-aa.org. Please be sure to check "Alternate GSR" when adding an alternate GSR to the roster. If you don't, then you will only be listed as an alternate contact. It's very important to have a full contact list for GSO to contact you.

Sandy O. Registrar Chair



TREATMENT

Greetings Area 25!!!!

There were 3 in attendance & we talked about what groups & districts are doing in treatment centers & the literature they use.

Cindy L.



Search ID: form2757

WEBCHAIR

Exercise is good for your rehabilitation, you can start by cleaning the toilets.

- 9 people in attendance.
- We currently have 1671 active users in our email list & it keeps growing.
- Thank you to my committee especially Chris H, Brett, Sara & all the others that have put in the extra hours helping me the past 2 years.
- Our whole discussion today surrounded proposal for updating budget requests for increased web maintenance.
- High touch is our suggested vendor.
- We want to move website budget from \$1,000 to \$2,500. \$1,200 per year for hosting & web maintenance + domain management is \$250 set-up fee.
- Ayy extra work is charged out at \$120 per hour. DCM please check your meeting list in 3 places, Area 25 website, GSO & Central Office.

Kansas Area 25 Assembly
January 2020 Agenda

"A Clear Vision For You"

January 17th-19th, 2020

Hilton Garden Inn, 3320 S. 9th St., Salina, KS (785) 309-0440

Friday, January 17

7:30 p.m. Committee Meeting All Area Committee Chairs

Saturday, January 18

8:30 – 9 am KAAAAI Board Meeting

9:30-10:30 am DCM Orientation and sharing session: Jim H. & Cindy L.
GSR Orientation and sharing session: Mike H. & Remi K.

11 am - noon Committee Meetings

<u>Committee</u>	<u>District</u>	<u>Chair</u>
Accessibilities	23-24-21	Ben S.
Chronicle	19-31	Heather G.
Corrections	2-14	Michele D.
Cooperation w/Professional Community	18-27	Jody H.
Grape Free Press	11-22	Amanda G.
Grapevine	10-1-12	Patty G.
Literature	6-13	Geno R.
Public Information	3-8-16	Sonia F.
Treatment	26-5-15	Susie H.
Web	7-22-17	Sarah D.

12 pm – 1:30 pm LUNCH BREAK

1:30 – 2:50 pm Committee and DCM reports

Accessibilities	Ben S.
Al-Anon Liaison	Baylee B.
Chronicle	Heather G.
Corrections	Michele D.
Cooperation w/Professional Community	Jody H.
Grape Free Press	Amanda G.
Grapevine	Patty G.
Literature	Geno R.
Public Information	Sonia F.
Treatment	Susie H.
Web	Sarah D.

DCM reports

*Note: Please provide estimate of voting members from each district
and written copies of the report*

3 – 3:50 pm Presentation and discussion of proposed 2020 budget

Kansas Area 25 Assembly
January 2020 Agenda

4-4:30 pm	General sharing session & ask-it basket	
4:30 – 6:30 pm	DINNER BREAK	
7 pm	Creating Interest In General Service	Mike R. & Bridget B.
8 pm	Coffee & Cookies	
8:30 pm	Roberts Rules Of Order Skit	Sara V

Sunday, January 19, 2020

8:30 – 11:30 am	Closed Business Meeting	
	Opening of Assembly	Darin H.
	Roll Call-Voting Count	Bridget B.
	Secretary Report	Jerry W.
	Treasurers Report	Josh Roe
	KAAAAI Board Report	Galen E.
	Delegate Report	Sheri P.
	Alt. Delegate Report	John R.
	Alt. Area Chair Report	Bridget B.
	2019 State Conference Report	Remi K.

Old Business:

1. None

New Business:

1. Standing Committee Approval
2. 2020 Budget
3. Ad-Hoc - State Conference – Bridget B.
4. Ad-Hoc - Central Office Cooperation W/Area 25

Upcoming Events

April 3rd & 4th, 2020: Area Committee Meetings, Salina, KS.

April 19th-25th, 2020: General Service Conference, New York.

July 2nd-5th, 2020: International Convention, Detroit, MI.

July 17th-19th, 2020: Area Assembly, Salina, KS.

September 18th-20th, 2020: Area 25 State Conference, Wichita, KS.

October 9th-11th, 2020: SWARSA (Southwest Area Regional Service Assembly), Amarillo, TX.

October 17th & 18th, 2020: Area Committee Meetings, Salina, KS.



A Vision for You - pg. 164

Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.

Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless you and keep you--until then.